

THE M Magazine

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ST BARNABAS with CHRIST CHURCH, WORCESTER



JUNE 2026

ST BARNABAS WITH CHRIST CHURCH

PARISH STAFF:

Priest in Charge:	Revd Sarah Northall	074838 07432
Associate Priest:	Revd Rosie Moss	07761 691984
Licensed Lay Minister:	Julie Berrow, Reader	07733 226061
Churchwarden (St Barnabas & Christ Church):	Mary James	01905 455214
Parish Safeguarding Officer (PSO):	Rachel Chalmers	07787 128345

WEBSITE: www.stbarnabaschurchworcester.co.uk

SERVICES:

Sunday	10am	Eucharist
Wednesday	10am	Said Eucharist

PARISH OFFICE:

To book a baptism or marriage (or to have banns read), send message through our website:

www.stbarnabaschurchworcester.co.uk

MAGAZINE DEADLINE: Penultimate Sunday of each month.
Please e-mail contributions to jackiecampbell@talktalk.net

Registered Charity number 1158894





Summer Sundays: 31st May 2026 to 5th July 2026

The Good Life

Lessons in Living Sabbath Everyday

Beginning on Trinity Sunday, our Sunday worship will draw us into an exploration of Sabbath — not as a brief pause from work, but as God’s gift of renewal. Scripture shows Sabbath as something active: it draws us back into right relationship with God, with one another, and with our own tired selves. Over the six weeks that follow, the Gospel readings lead us into the ordinary places where Jesus restores life: shared meals, unexpected mercy, courage in fearful situations, generous hospitality, and the deep rest he offers to ordinary people.

In Scripture, Sabbath is never empty time. It is a steady force that brings people back to God and back to themselves. Across these weeks, the readings show Jesus doing this work in the middle of everyday life. He meets people at tables, notices those others overlook, offers mercy where none is expected, gives people ground to stand on, and invites the weary to rest.

The Six-Week Journey of Restoration

• 31 May — Trinity Sunday — *Sabbath in the Trinity*
Gospel: *Matthew 28.16–20 — Jesus’ parting words to his friends*

Sabbath does not begin with human effort; it begins with the life of God himself. It is the renewal and restoration of God’s company, drawing our hurried lives into the shared life of the Trinity — the source of community, love, and belonging.

• 7 June — *Sabbath is a Good Meal*

Gospel: *Matthew 9.9–13, 18–26 — the tax collector, the woman in the crowd and Jairus’ daughter*
Sabbath is experienced as a shared table. Those once excluded or overlooked find welcome, mercy, and restored life.

• 14 June — *Sabbath is a Good Opportunity*

Gospel: *Matthew 9.35–10.8 — the sending of the twelve*
Sabbath turns our attention

outward. It helps us notice the needs around us and discover that helping others can give life rather than drain it away.

• 21 June — *Sabbath is a Good Place to Stand*

Gospel: Matthew 10.24–39 — “take up the cross and follow me”
Sabbath gives people strength to stand in the middle of fear and pressure, reminding us that our lives are held in God’s care.

• 28 June — *Sabbath is Good Hospitality*

Gospel: Matthew 10.40–42 — “whoever welcomes me welcomes the one who sent me”
Sabbath opens our lives to one another. It creates space where strangers become neighbours and where giving and receiving belong together.

• 5 July — *Sabbath is a Good Rest*

Gospel: Matthew 11.16–19, 25–30 — “For my yoke is easy, and my burden is light.”

Sabbath is the moment we stop striving, bring our weariness to Jesus, and allow him to help carry what has become too heavy for us alone.

These themes may seem ordinary —

meals, opportunities, hospitality, rest — yet the Gospels show how often Jesus works through exactly these everyday experiences. He stands with ordinary people who are anxious, excluded, grieving, or worn down. He speaks peace into fear. He welcomes the outsider. He looks at people who are simply exhausted and says: come to me, and rest.

The season follows this same movement. It begins with the life of the Trinity and flows outward into the practices that help make human life whole again: eating together, noticing one another, standing firm, welcoming the stranger, and resting in God’s presence. Sabbath, as Jesus lives it, is not withdrawal from the world but the renewal of life within it.

These readings speak clearly to our own time. We live in a world that keeps many people hurried, distracted, and tired. Constant pressure can slowly drain joy from ordinary living and leave people feeling that their value depends only on what they achieve.

The Gospels offer a different way. Again and again, they



draw people back towards mercy, community, hope, and rest. The good life, it turns out, may not be found in constant striving, but in learning again how to live with God and with one another.

Revd Sarah Northall

NEW SERVICE TIMES

Starting in July, the Sunday morning service will start at 9.45am. This will give more time when the minister taking the service has to go on to St Wulstan's afterwards.

JULIE BERROW ORDINATION

Julie Berrow will be ordained deacon by the Bishop of Worcester in the Cathedral at 10.30 on Sunday 28 June. (There will be a 8am Communion service at St Barnabas instead of 10am that day.)

Julie's last service at St Barnabas will be on Sunday 14 June (Patronal Sunday) which will be followed by a shared brunch. She is moving to St John's Church to continue her Christian journey.

MARK THE DAY!!

The Church Picnic this year will be on Saturday 11 July at midday. Why not mark the date in your diary and come along to enjoy time of fellowship, food and fun!!

ST BARNABAS PATRONAL

BRING & SHARE CELEBRATION BRUNCH

**SUNDAY 14th JUNE
11.30am**



Church hall, after morning service
Please sign list for contribution

All welcome

ST BARNABAS PATRONAL SUNDAY

Our Patronal Sunday will be celebrated on 14th June. Following the service there will be a Bring & Share celebration brunch.

Everyone is invited—please put your name on list at back of church to give idea of numbers.

HARDY PLANT SOCIETY WORCESTERSHIRE

Annual Plant Sale on Saturday 13 June 2pm-4pm at St Peter's Baptist Church WR5 3TZ. Free entrance—refreshments on sale.

E CHARITY SHOP—IT'S ALL ABOUT KINDNESS

Welcome. Hope you found us okay. Come on in.

You can get points if you come here often. And points mean prizes, or at least a piece of homemade cake. Help yourself.

We also have vouchers that you can give as presents, but watch the expiry dates. They need to be used before they run out.

We keep this place clean as we don't want to pass any infections around. Well, only one. A big smile is highly catching and that's a very good thing, as we could always do with more of those. Take one away but don't isolate yourself. Do pass it on to someone else.

Thanks so much for coming in. We'll see you again soon, hopefully.

Opening hours? 24/7, naturally, including this helpline number. We wouldn't want anyone to run out or to find the door closed when they need us most. And there are new branches popping up all the time.

Thanks very much.



Well, I know a few folk who could do with popping in here. They seem to have run out of charity altogether, if they ever had much. A couple of people in my train carriage the other day were definitely lacking. Four

at my table and two of them seemingly incapable of doing the maths. Four people, four quarters of the table, one per person.

The woman diagonally opposite me exchanged a glance and a resigned smile as our neighbours encroached on our spaces, taking up at least half of them: books, phones, laptop, food in brown paper bags. And an annoyance from one of them, clearly visible body language, that she wasn't entitled to set up a home office!

I've come across quite a few folk who clearly have visited your shop. Maybe they're even manufacturing their own supply of charity, at home, or in their garage. They don't ever seem to run out, as far as I can see.

And you don't need a lot to make a difference. Just connect in the park, exchange a few

words with someone who is sad, and benefits from your dog therapy service. Just be welcoming to the new members of the choir. Just offer time to respond to a need for advice and your experience, when someone you don't know well has a sick friend.

Just encourage, thank, listen, offer a lift, bring flowers or homemade cake. Just keep in touch, offer hospitality, mend something, connect with a stranger.

Hello again. I was in your shop the other day and since then I've broken a toe and can't get out at the moment.

Do you do home deliveries? You do? Wonderful. What's the cost? It's free, as long as there's no stockpiling? Okay, I'll go for that.

Charity begins at home, I've heard it said.
Margaret Gandon

NOT JUST POLICY: IT'S PERSONAL

The National Safeguarding Team have planned a 2 week campaign between 1 - 14 June to raise awareness of how to recognise and report safeguarding concerns. The campaign is in response to the Church's handling of allegations of serious abuse and the review

that followed these allegations.

The campaign's title, It's not Just Policy, It's Personal, is intentional. At the centre of every safeguarding concern is a person who has taken the difficult step of disclosing harm or risk. Creating a safe space for people to report, and how we respond to them, matters.

Do take time to read the posters and information sheets at the back of church. If you have any questions, please ask Rachel Chalmers, our PSO (Parish Safeguarding Officer), Rev. Sarah Northall or members of the PCC.

Rachel Chalmers
Safeguarding Officer

THE CHURCH OF ENGLAND

IT'S NOT JUST POLICY, IT'S PERSONAL

Building confidence in reporting safeguarding concerns

"Act justly, love mercy and walk humbly with your God."
- Micah 6:8

We know that reporting safeguarding concerns can feel difficult

Scan here for resources to help you

When someone shares a concern, it is important they are listened to and taken seriously. You are not expected to investigate. Keeping people safe and ensuring concerns are recorded and referred appropriately is all of our responsibility.

 Recognise Be alert to signs or disclosures of abuse	 Respond Listen carefully and take what is being said seriously	 Record Make a written record of what has been shared	 Refer Share the concern with the Safeguarding Officer and relevant authorities
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Top: St Barnabas Primary acted out the Easter story in church
Bottom left: Mary James working hard in the church garden
Bottom right: There was cake for Pentecost Sunday, the birthday of the church
Opposite page: We celebrated un-Christmas on Ascension Sunday recently



REFUGEE WEEK 15-21 June

Refugee Week is the world's largest arts and culture festival celebrating the contributions, creativity, and resilience of refugees and people seeking sanctuary.

This year's theme is **COURAGE**, reflecting the daily bravery required by refugees to navigate new environments, learn languages, and rebuild their lives. Courage is also expressed through simple acts, such as sharing stories, trying new foods, or engaging with cultural events.

Everyone is invited to take part. So, let's come together to understand, celebrate and support refugees and sanctuary seekers in our communities.

Refugee Week – Worcester, is a collaboration between: Worcester Cathedral; University of Worcester; Spin The Black Circle; Script Haven Bookshop; Amnesty International Worcester; Worcester Craftivists; CWLC Design & Technology Department and Worcester City Welcomes Refugees.

For more information:
 Facebook: Refugee Week - Worcester
 National Refugee Week programme: Facebook: Refugee Week

<https://refugeeweek.org.uk>
 Chris Russell: 07952365685



Refugee Week Worcester 2026

Exhibition of Quilts: Journeys of Courage-Seeking Sanctuary
 Featuring quilts created by women seeking asylum in Wycharon
Saturday 13th - Sunday 21st June. Times: Mon-Sat 10.00 am-5.00 pm. Sun 12.30-3.00 pm
 Worcester Cathedral, Chapter House, WR1 2LA.

Textiles Workshops: Poems and Puppetry
 To accompany the Journeys of Courage-Seeking Sanctuary, Quilts Exhibition.
Saturday 13th June 11.00 am - 3.00 pm
 Worcester Cathedral, Chapter House, WR1 2LA.

Walk and Talk Together: Malvern Hills Walk
Sunday 14th June 11.00 am
 Meet at: Sugarloaf Cafe or the Dirt Works cycle shop on West Malvern Road,
 What Three Words - slab.dispensed.tubes

Film Night: Dreamers, Migrants, Infancia Desterrada
 For more info - <https://refugeeweek.org/free-refugee-week-2026-film-festival/>
Tuesday 16th June 7.00 pm
 The Hive, The Butts, Worcester, WR1 3PD.


Sounds of Sanctuary: Music and Chat, Worcester as a Community of Sanctuary
Thursday 18th June 7.30 pm
 Spin The Black Circle, 19-21 Pump Street, Worcester, WR1 2DX.

Spoken Word & Poetry Evening: Belonging and Sanctuary.
Friday 19th June 7.00 pm
 Script Haven Bookshop, Crown Passage, Worcester, WR1 2HW.
 For more information please contact - Aile Cooper: 07726 227363, aile.cooper@gymc.co.uk or scripthaven1@gmail.com

Refugee Week is a collaboration between: Worcester Cathedral; Worcester University; Spin The Black Circle; Script Haven Bookshop; Amnesty International Worcester; Worcester Craftivists; CWLC Design & Technology Dept.

Refugee Week - Worcester is a collaboration between: Worcester Cathedral; Worcester University; Spin The Black Circle; Script Haven Bookshop; Amnesty International Worcester; Worcester Craftivists; CWLC Design & Technology Dept.

Facebook: Refugee Week - Worcester For more information chrisrussell696@outlook.com
 National Refugee Week programme: <https://refugeeweek.org.uk> Facebook: Refugee Week



Refugee Week Quilt Exhibition

Journeys of Courage - Seeking Sanctuary

Featuring QUILTS made by: WOMEN REFUGEES and THOSE SEEKING ASYLUM

SATURDAY 13TH - SUNDAY 21st JUNE
 MON-SAT: 10:00am - 5:00pm
 SUNDAY: 12:30pm - 3:00pm

Worcester Cathedral Chapter House Worcester WR1 2LA

TEXTILE WORKSHOPS Poetry on the Hour and Puppetry
 Exploring the themes of Courage and Sanctuary
SATURDAY 13TH JUNE. 11:00am - 3:00pm

Workshops provided by: Worcester Craftivists, CWLC Design & Technology Dept, Worcester Arts Collective. Poetry readings Worcestershire LitFest and Fringe

4 YOU WORCESTER CATHEDRAL

WHAT IS YOUR FOCUS?

Environmental issues have many facets.

In every season of our life something may come more into focus. Often this is dependent on one's health, available money/time, experience, education, or culture.

So, you might be able to focus on: recycling; or you may be able to consider how your travel impacts the environment; you may have space for an EV car electrical point, or you may decide you are able to grow more of your own food, or eat less meat.

I was able to join in *No Mow May*, a campaign to encourage bees and moths (the photo shows extra-long daisies flourishing in 'No May Mow'). You might find yourself watching, as did some of the Eco group at the Diocesan film viewing, of the National



Emergency Briefings, which aims to reset the national conversation and campaigns to secure a government-led televised emergency briefing from independent experts <https://www.nebriefing.org/expert-briefings>

The Eco group have focussed on how as a church we can use printed material more efficiently, and out of this concern we are trying out the new format Pew Slip, which is now only being printed on half a sheet of A4 paper. We are also working on an Eco Mission statement for St Barnabas to adopt as their own.

Whatever our focus is, however small, however big, is surely a recognition of our creator God, and to be considered an act of worship.

Let us carry on worshipping in any way possible.

*Sue Martyr
Eco Rep*



JUMPING FOR JOY!

Jackson Brown, age 12, is trying to visit all the Anglican Cathedrals in England and is jumping for joy outside each one! He is sharing photos of his jumps on his 'Cathedral Jumping' Instagram account. *Good luck Jackson!*

EVENTS AT THE CATHEDRAL

Saturday 13 – Sunday 21 June 2026

Worcestershire Welcomes Refugees Quilting Exhibition

The Chapter House will host a vibrant exhibition of quilts as part of Refugee Week (15–21 June). The exhibition is being coordinated by Worcestershire Welcomes Refugees and will showcase work created by Quilts 4 You, a small group dedicated to making quilts for charitable causes. Quilts 4 You also run a weekly workshop in Evesham, working with refugee women to develop sewing and quilting skills. Pieces created through these workshops will be included in the

St Barnabas Church Parish Picnic

on the green

Sat 11th July 12 noon



**GAMES
QUIZ**

BYO CHAIRS & FOOD, HALL IF WET

Come & join us

exhibition, highlighting both creativity and community. To mark the opening of the exhibition, Worcestershire Welcomes Refugees will be hosting a day of drop-in activities in the Chapter House on Saturday 13 June, from 11am–3pm. All are warmly invited to come along and take part in textile workshops provided by Worcester Craftivists, CWLC Design & Technology Dept, Worcester Arts Collective and poetry on the hour by Worcestershire LitFest and Fringe. (see page 8).

*Saturday 13 – Sunday 21 June
Summer Lunchtime Recital Series*

The Summer Series of lunchtime recitals will begin from 23 April onwards. Recitals take place on

Thursdays at 12.15pm. Donations are welcomed at a retiring collection. The line-up for the Summer Series is as follows: June 4 | Jonathan Heron (bass) 11 | Benedict Braddock (organ) 18 | Stelios Sycallides (alto) and David Marlow (tenor) 25 | Philip Crozier (organ) July 2 | Eric Choate (organ)

Friday 5 June | 7.30pm
Meat Loaf By Candlelight



Direct from London's West End, join us for an unforgettable night of Meat Loaf Anthems, performed in the beautiful Worcester Cathedral, by candlelight. Featuring a live cast of West End singers including stars of the West End production of Bat Out of Hell, accompanied by an incredible live rock band, experience the music of Meat Loaf, like never before. Expect to hear some of the most iconic songs of all time including, Anything For Love, Bat Out of Hell, Two Out of Three Ain't Bad, Dead Ringer for Love and many more! For Crying Out Loud... book your tickets now! This electrifying experience is guaranteed to make

your Rock and Roll Dreams Come Through!

Friday 12 June | 7.30pm
A Night at the Opera by Candlelight

A Night at the Opera returns with an all-new, enhanced programme, building on the success of previous years with an even richer and varied musical journey. This newly enhanced edition now features four soloists, with the addition of a baritone alongside soprano, mezzo-soprano and tenor. At the heart of the concert, audiences will still find the favourite moments they know and love, with a sparkling mix of duets and trios from operatic classics including The Magic Flute, La traviata, Madama Butterfly, Tosca and Turandot.

The programme features some of opera's most treasured solo arias from the infectious brilliance of Verdi's 'La donna è mobile' to the soaring, triumphant finale 'Nessun dorma'.



Saturday 13 June | 7.30pm

The Music of James Bond

From the moment the first chord strikes, audiences are transported into the mysterious and thrilling world of James Bond. This is more than a concert - it is an orchestral tribute to one of cinema's most iconic legacies. Across six decades, the music of Bond has been defined by extraordinary voices: Dame Shirley Bassey, Adele, Sam Smith and Billie Eilish. Performed by world-class musicians and vocalists, every note echoes the sophistication of the James Bond universe. The sound of sweeping strings and



bold brass stirs images of high-speed car chases, exotic escapes and unforgettable encounters. This is a night where music and cinema intertwine, where audiences don't just listen to - they feel it, they live it.

Visit Cathedral website for more details.

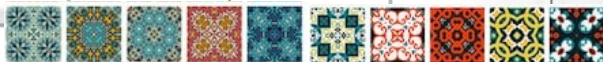


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or Julia Adams (07778 395246)

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